



# North Central Health Care

Person centered. Outcome focused.

## NCHC Safety Standards Reference Guide

### Items You May Have at NCHC

- Mobility devices with a physician order (walkers, canes, shower chairs)
- Soft cover books without sexually explicit or violent content (PG-13 material allowed)
- Wedding bands
- Flowers in NCHC-provided vase
- Markers



- NCHC-provided toiletries including contact lens supplies (lock up when not in use)
- NCHC-provided pens
- 3 changes of clothing without strings
- NCHC-provided pony tail holders without metal
- Limited snacks as outlined in the snack policy

### Items You May NOT Have at NCHC

#### Personal Care

- Heated hair styling tools (straighteners, curling irons, etc.)
- Disposable razors, straight razors
- Sharp or breakable makeup containers (require staff supervision)
- Aerosol cans
- Cologne, perfume, body spray
- Hair/bobby pins, clips, barrettes, pony-tail holders with metal
- Home toiletries (inspected on admission and locked up when not in use)
- Q-tips, tweezers, floss, nail clippers (requires staff supervision)
- Prescription or over the counter medications (must be sent to pharmacy)
- Fingernail polish/remover
- ACE wraps, Loofas, TED hose (requires provider order)



#### Electronics

- MP3 players/electronic devices
- CDs, iPods (NCHC-provided music only)
- Cell phones, tablets, or other electronics

#### Clothing

- Baseball caps, hoodies with strings, sunglasses
- Blankets/stuffed animals from home
- Belts, scarves, ties, watches
- Bobby pins or headbands
- Inappropriate clothing (revealing, profane, promoting substances)
- Jewelry – should be sent home
- Shoes with laces



#### Personal Items

- Money, purses, or wallets
- Backpacks/suitcases in rooms
- Picture frames or mirrors
- Magazines or books with inappropriate content
- Spiral-bound notebooks
- Craft supplies with self-harm potential
- Pencil sharpeners
- Long pencils with metal
- Standard pens
- Paper clips, staples
- Scissors
- Plastic/Ziploc bags
- Cans



#### Misc Items

- Weapons (store with security)
- Outside food (beverages, candy, gum, etc.) that is not outlined in the snack policy
- Fidget toys (spinners, cubes, etc.)
- Lighters, matches, e-cigs, or tobacco products of any kind
- Any other items deemed inappropriate by care team

